



SOCIAL PRESCRIBING

Social prescribing is connecting people with **non medical** needs to local sources of help and support, helping you to take control of your health and wellbeing.

Loneliness &
Isolation

Housing &
Financial Issues

Staying active
and fit

Health & Wellbeing
Coaching



Bereavement

Carer Support

Foodbanks



To speak with one of our Social Prescribers, please ask at Reception.

To watch a video about social prescribing, scan the QR code below.

Follow our surgery Facebook page to stay up to date with support in the community.

