



For further details or to book a  
place please call:  
Henri Monier-Williams  
at EAQ Luccombe

07772000845

or email:

[henri@luccombehub.com](mailto:henri@luccombehub.com)

[www.luccombehub.com](http://www.luccombehub.com)

**eaq<sup>®</sup>**  
**LUCCOMBE**

**NURTURED BY  
NATURE**



Our Nurtured by Nature  
programme is aimed at helping to  
improve an individual's physical  
and mental health and feeling of  
well being, through activities with  
horses and other animals in the  
natural outdoor environment.

# What's it all about?

## This programme can help with:

- Feelings of anxiety, loneliness, or isolation
- Work related stress
- Lack of social interaction
- Carers seeking respite for their loved ones

## Activities can include:

- Pony grooming
- Animal Feeding
- Small animal care
- Or just enjoying a cup of tea or coffee and the company of others.

Anyone who would like to join us are welcome to join us at:

**Luccombe Hub Farm,  
Milton Abbas  
DT11 0BB**

Two-hour sessions are run every Thursday afternoons

3pm to 5pm.

