# Milton Abbas Surgery Wellbeing Team Bulletin

LEGION

2024

Supporting

Julia's 👩 House

COMMUNITY

CAFE

A FAMILY DAY OUT

May 2024

There are many activities and things for you to do in the local community to get you out and about and keep you busy.

Milton Abbas Surgery Wellbeing Team Walking Group

Friends who walk together – Wednesday's 10am. Please pick up a walk schedule at Reception or online on our surgery website: www.masurgery.co.uk



SATURDAY 4th to 200

#### DORCHESTER SHOWGROUND

www.dorsetballoonfestival.com

Street Food & Bar Jump Dogs Parachuting Team Trader Market **BMX & FMX Stunt Shows Tribute Acts** Hot Air Balloons Wrestling Shows Night Glow Show Monster Truck Rides Funfair **30+ Hot Air Balloons** 



NSTER TRUC

FESTIV

ANT FUNFAIR

MUSIC SHOWS

FOOD & DRINK

#### Nourish A community larde and food ban

SATURDAY 4TH OF

## Friendship Cafe

A warm and welcoming space for those wishing to meet new people or simply relax with a hot drink.

Including: free hot drinks and cake, a range of activities and board games or just pop in for a chat.

When: Tuesdays, 10am - 2pm Thursdays, 10am - 4pm Nourish, United Reformed Church, Where: Salisbury St, Blandford, DT11 7PY

FOR ANY ENOURIES: Email: nourish@faith-works.org.uk | Call: 01258 456093

The Wellbeing Team can be contacted by telephoning the surgery 01258 880210 or email mawellbeingteam@dorsetgp.nhs.uk

Please note that the wellbeing team are not clinical staff and cannot advise you on clinical matters



FANCY DRESS

COMPETITION

BEER TENT

Milton Abbas Surgery Wellbeing Team

BEGNNERS LINEDANCING

Winterborne Whitechurch Village Hall Mondays 2pm – 3pm

All welcome, no need to book, free entry

### CHESELBOURNE VILLAGE HALL MAY FAIR 12-4PM ON SATURDAY 4TH MAY





JOIN OUR

**PATIENT VOICE!** 

COMMUNITY STALLS

VE NEED

NEXT MEETING:

Our Patient Voice meetings are open to all patients

We would really appreciate support in how we can

improve our service provision, and would love to

hear what patients from all backgrounds have to

say. Why not come along to our next meeting?

If you are interested in knowing more, please

visit our surgery website or contact the

Secretary Nigel Hodder on 07983 013781.

www.masurgery.co.uk/patient-voice

WHEN: 11th June 2024

over 18vrs old

RAISING MONEY

